



# ST. FRANCIS DE SALES

## ROMAN CATHOLIC CHURCH

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# All Saints DAY & All Souls DAY

ETERNAL REST GRANT UNTO THEM, O LORD,  
 AND LET PERPETUAL LIGHT SHINE UPON THEM.  
 MAY THE SOULS OF THE FAITH DEPARTED,  
 THROUGH THE MERCY OF GOD,  
 REST IN PEACE, AMEN



**Our mission at St. Francis de Sales** is to joyfully welcome you to our parish family of faith, trusting that: if you are seeking Christ, you will find Him here. If grieving, you will receive comfort. If troubled in spirit, you will receive the blessing of peace without being judged. If discouraged, you will rejoice in hope. If alone, you will find companionship and Christian love. May our parish be a sanctuary of peace for you as we journey together to the Father's house.

### Parish Hours

#### DAILY MASS

MONDAY - THURSDAY 9:00 am  
 FRIDAY 7:00 pm  
 SATURDAY 9:00 am

#### SUNDAY MASS

SATURDAY 5:00 pm  
 SUNDAY 8:30 am | 10:15 am | 12:00 pm | 7:00 pm

#### SACRAMENT OF RECONCILIATION

FRIDAY 6:00 pm - 6:45 pm  
 SATURDAY 4:00 pm - 4:45 pm

#### OFFICE HOURS

MONDAY - FRIDAY 9:30 am - 3:30 pm  
 SATURDAY 9:30 am - 12:30 pm

### Parish Contacts

PASTOR	<b>FR. JOSEPH SINGH</b> sfdspastor@gmail.com	☎ ext 105
ASSOCIATE PASTOR	<b>FR. STEVEN KWON</b> associatesfds40@gmail.com	☎ ext 104
DEACON	<b>DEACON ALBAN SOARES</b> alban.soares@gmail.com	☎ ext 108
PARISH OFFICE ADMINISTRATOR	VANESSA LOWING sfrancisdesales@archtoronto.org	☎ ext 103
CONFIRMATION, & YOUTH MINISTRY	NOAH AQUINO naquino@archtoronto.org	☎ ext 100
FIRST COMMUNION, RECONCILIATION	DAWN SELDA dawn.selda@archtoronto.org	☎ ext 102

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# ALL SAINTS DAY

NOVEMBER 1, 2022



All Saints' Day is a solemnity ... on which the universal Church honors the martyrs, the saints and the confessors, including all known and unknown, all who have gained the reward of heaven.

Source: <https://www.simplycatholic.com/all-saints-and-all-souls-days/>

"The soul of a person who dies can go to one of three places. The first is heaven, where a person who dies in a state of perfect grace and communion with God goes. The second is hell, where those who die in a state of mortal sin are naturally condemned by their choice. The intermediate option is purgatory, which is thought to be where most people, free of mortal sin, but still in a state of lesser (venial) sin, must go.

Purgatory is necessary so that souls can be cleansed and perfected before they enter into heaven. There is scriptural basis for this belief. The primary reference is in 2 Maccabees, 12:26 and 12:32. "Turning to supplication, they prayed that the sinful deed might be fully blotted out... Thus made atonement for the dead that they might be free from sin."

Source: <https://www.catholic.org/saints/allsouls/>

On All Souls' Day the universal Church prays for all those in purgatory, people who were much like us, whose offense may have been less than ours. By pleading for them, we are inspired to lead purer lives. On that day, and during the entire month of November, we remember our departed brethren as we go to the cemetery where they are buried, attain indulgences for them, give alms, do some good work, ask for Masses to be said in remembrance, all on behalf of those close to us and to others we may have neglected during the year.

Source: <https://www.simplycatholic.com/all-saints-and-all-souls-days/>



*All Souls Day* November 2, 2022

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**MASS INTENTIONS**

**MONDAY, 31 OCTOBER**

9:00 AM + NARCISO PLATON ZAGALA  
 + HELEN ANN WILSON  
 + TEODOLO, FELISA & JONATHAN  
 ARMUEVC

**TUESDAY, 1 NOVEMBER – All Saints Day**

9:00 AM + ROSA DIMAGIBA  
 + NARCISO PLATON ZAGALA  
 + JUN TENORIO

**WEDNESDAY, 2 NOVEMBER – All Souls Day**

9:00 AM + DECEASED MEMBERS OF THE DELARAMA  
 & SHIM FAMILIES  
 + BARBARA CANNATA  
 + CARMEN & FREDERICK OCLAM

**THURSDAY, 3 NOVEMBER – St. Martin De Porres**

9:00 AM S.I. IN THANKSGIVING FOR BLESSINGS  
 RECEIVED  
 + ALLEN ZILWA

**FRIDAY, 4 NOVEMBER – St Charles Borromeo**

9:00 AM S.I. TAYLOR LIBBY  
 + MARJORIE GAREL

**SATURDAY, 5 NOVEMBER**

9:00 AM + PATRICK MARTIL  
 + MARIA FIGUEIREDO  
 5:00 PM + LOUISA D’SOUZA  
 + PAULINE & FRANCIS ALFONSO  
 + REYNOLD JAMES & MATILDA JOSEPH

**SUNDAY, 6 NOVEMBER**

8:30 AM S.I. MARIA LOSCIAVO  
 + THERESA VIEIRA  
 + LIONEL LETHBRIDGE  
 10:15 AM + DECEASED CWL MEMBERS & ADVISORS  
 + FR. VICTOR JEYASINGHAM  
 + JOSEPH ALBER  
 12:00 PM FOR THE PEOPLE OF OUR PARISH  
 7:00 PM + ALBERT & PATRICIA GOMES  
 + DECEASED MEMBERS OF THE KATSORAS  
 FAMILY



*Please note, the Mass on Friday November 4<sup>th</sup> will be at 9am. There will be no evening Mass on this day.*

**A CATHOLIC CACKLE**

Need a little laughter to brighten your day?  
 Try out this joke.

**What do you call it when batman leaves  
 Mass early?**

- Christian Bale!



**ROOF REPAIRS – BUILDING FUND**

The flat part of our Church roof is in need of great repair. This includes also parts of the Church’s ceilings. The estimated time during which this will be done to our parish, could happen sometime during this fall or next spring. The Building Fund has been currently going towards bringing down the mortgage. As of November 1, 2022 through to June 30, 2023, the Building Fund will go towards the repair of our flat roof. Your donations to the Building Fund are greatly appreciated.

**KNIGHTS OF COLUMBUS  
 FOOD DRIVE**



Our Knights of Columbus are organizing a **Thanks-4-Giving Food Drive** to benefit the local food banks in Durham Region. Food collection begins November 5/6 weekend and will run for 2 weeks.

We accept donations of non-perishable food. We recommend sauces, soups, beans, canned vegetables, canned fruit, honey, peanut butter, jam, cereal, pancake mix, syrup, pasta and juice boxes. Please leave the donated items in the bins located in the foyer.

**Every donation of food helps.**

**FR. MASSIMO’S INSTALLATION**

Fr. Massimo has returned from his studies in Rome. His installation as Pastor at St. Francis of Assisi Parish will take place on **Sunday November 20<sup>th</sup>, 2022 at 11:30 AM**. The parish is located at 72 Mansfield Ave. Toronto, M6J 2B2. Join us as we wish him an abundance of Blessings on his installation day and throughout his time as Pastor at St Francis of Assisi.



**On Wednesday 2 November we will be celebrating the All Souls Mass at 9am and 7pm.** The names of the deceased who have died from our parish this past year, will be read aloud at the 7 pm mass.

Special envelopes for the deceased are available in the foyer. These envelopes are to be deposited with a donation and the name of your deceased loved ones in the offertory box in front of the pulpit. The deceased will be remembered throughout the month of November.

**Visit our NEW website:**

[www.stfrancisdesales.archtoronto.org](http://www.stfrancisdesales.archtoronto.org)

**QUESTIONS AND ANSWERS**

**Why do we Catholics have dietary laws, like no meat on Fridays?**

The Catholic Church's practice of no meat on Friday is not a universal law. Where meat is not plentiful in parts of the world, it does not make sense. For those individual Catholics who are vegetarians, this practice would not make sense for them. Most Conferences of Catholic Bishops around the world have however, kept that practice of no meat on Fridays for their faithful.

There's nothing wrong with meat (where it is sinful on Friday but fine on the other days of the week). The practice of fasting came about that, since Jesus died for us on Friday, we should do something penitential like abstaining from all meats. This is in preparation for Sunday when we are expected to feast as it is the day of the Resurrection.

For us Catholics in Canada, the Canadian Conference of Catholic Bishops still upholds the practice of no meat on all Fridays of the year. This practice is only superseded if a solemnity falls on a Friday (like Christmas Day or New Year's Day, to name just two). Our Canadian bishops have also taught that if you are going to eat meat on Fridays, then substitute it with something that is penitential. Remember fasting is for the good of the soul, whereas dieting is good for the body. (In the US, Catholics are only expected to abstain from meat on all Fridays during Lent).

In fact, we Catholics do not have restrictive dietary laws like the Jews, Moslems and Hindus. The Church has gone in the opposite direction and always taught that there are two "foods" we should embrace: Bread (which is changed into the Body of Christ) and Wine (which is changed in the Blood of Christ) at Mass. At all times, the Catholic Church asks of us to examine our lives to know if we should or should not embrace those 2 foods. Taking our cue from St. Paul in his first Letter to the Corinthians, the sainted apostle tells us: Therefore, whoever eats the bread and drinks the cup of the Lord unworthily will have to answer for the body and blood of the Lord. A person should examine himself and so eat the bread and drink the cup drinks judgment on himself. That is why many among you are ill and infirm and a considerable number are dying. If we discerned ourselves, we would not be under judgment, but since we are judged by the Lord, we are being disciplined so that we may not be condemned along with the world (1 Cor 11:27-32).

In other words, we should "restrict" ourselves from receiving the Eucharist if we are in the state of mortal sin. Just as those who are lactose intolerant, or those who have to take an insulin shot before eating foods that can do them harm, we believers need to go to Confession before receiving the Eucharist.

**SACRAMENTAL REGISTRATION for  
FIRST HOLY  
COMMUNION/RECONCILIATION &  
CONFIRMATION**

**Registration is now closed for the 2022/2023  
Sacramental Year!**

It has been so nice to see the children attending Mass each week as they prepare for their very special sacraments. Please note that the enrollment weekend (this is when the children will receive their blessed crosses) will take place the weekend of **November 19/20<sup>th</sup> for Confirmation** and **November 26/27<sup>th</sup> for First Communion**. Please attend the Mass time that works best for your family. An email will be sent to all of our sacramental families regarding the sacramental preparation classes in the coming weeks.

We are looking forward to another beautiful sacramental year!

God Bless, Dawn Selda & Noah Aquino!

**CATHOLIC WOMEN'S LEAGUE**

Please join us at our next general meeting on Wed. Nov. 9, starting with mass at 7 pm and followed by a speaker from Development and Peace. This organization educates the Canadian population about the causes of impoverishment of peoples and mobilizes actions for change. All are welcome!

**LIFE TEEN YOUTH MINISTRY**



Students is high school are invited to join out **FREE** high school youth group this coming Saturday, November 5<sup>th</sup> at 7pm in the parish foyer. If you love **FREE FOOD**, fun games and would like to learn more about the faith, then you are invited to join our youth program! Scan the QR code to register today! For any questions, please contact our **Youth Director, Noah Aquino**, at [youth.sfds@gmail.com](mailto:youth.sfds@gmail.com) or by phone at (905) 683 – 1403 x100. Thank you and God bless!

*Continued ...*

Eating the Eucharist in the state of mortal sin, will not harm us physically, emotionally, psychologically or socially. But it will harm us spiritually, which according to St. Paul will cause spiritual death.



*Let us pray! For the sick members of our parish and for those who love and minister to them.*



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