

ST. FRANCIS DE SALES

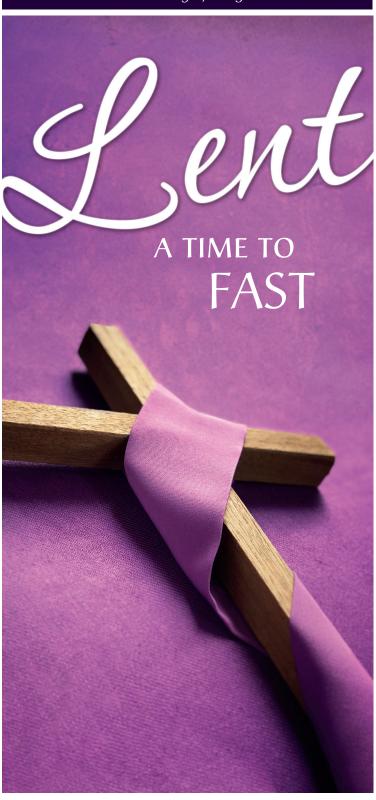
ROMAN CATHOLIC CHURCH

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The Second Sunday of Lent

MARCH 5th, 2023



Our mission at St. Francis de Sales is to joyfully welcome you to our parish family of faith, trusting that: if you are seeking Christ, you will find Him here. If grieving, you will receive comfort. If troubled in spirit, you will receive the blessing of peace without being judged. If discouraged, you will rejoice in hope. If alone, you will find companionship and Christian love. May our parish be a sanctuary of peace for you as we journey together to the Father's house.

Parish Hours

DAILY MASS

MONDAY - THURSDAY 9:00 am **FRIDAY** 7:00 pm **SATURDAY** 9:00 am

SUNDAY MASS

SATURDAY 5:00 pm

8:30 am | 10:15 am | 12:00 pm | 7:00 pm **SUNDAY**

SACRAMENT OF RECONCILIATION

FRIDAY 6:00 pm - 6:45 pm **SATURDAY** 4:00 pm - 4:45 pm

OFFICE HOURS

MONDAY - FRIDAY 9:30 am - 3:30 pm **SATURDAY** 9:30 am - 12:30 pm

Parish Contacts

PASTOR FR. JOSEPH SINGH

© ext 105 sfdspastor@gmail.com

ASSOCIATE PASTOR FR. STEVEN KWON

associatesfds40@gmail.com @ ext 104

DEACON **DEACON ALBAN SOARES**

> alban.soares@gmail.com @ ext 108

PARISH OFFICE VANESSA LOWING

ADMINISTRATOR stfrancisdesales@archtoronto.org © ext 103

CONFIRMATION, NOAH AQUINO

& YOUTH MINISTRY naquino@archtoronto.org @ ext 100

FIRST COMMUNION, DAWN SELDA

RECONCILIATION dawn.selda@archtoronto.org © ext 102

WITH US!

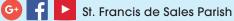
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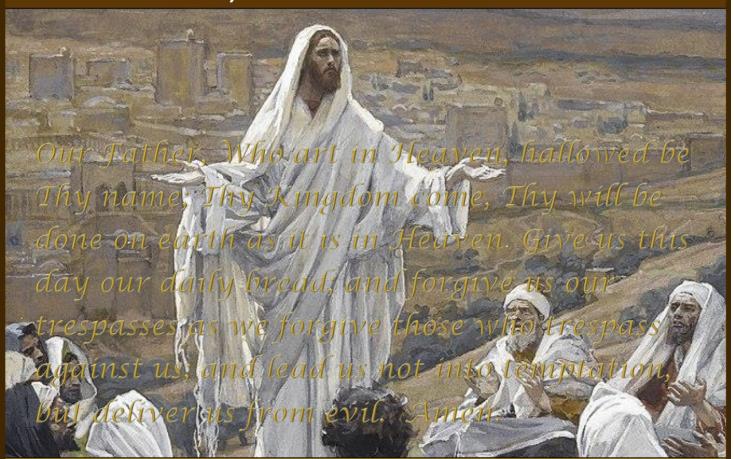




www.stfrancisdesales.archtoronto.org

2nd Weekend of Lent

During Lent thirst and hunger for God and His Word; Be filled, renewed and transformed.



The Our Father is a prayer given to us by Jesus. It is simple, yet profound. It invites us to encounter Jesus as the Son of Man and Word of God.

The prayer affirms the nature of our relationship with God as Father – it is a relationship based on love. He desires the protection of our souls by providing us with daily spiritual nourishment - the new mana - Jesus the Bread of Life.

God is affirmed as the source of all that exists - the Alpha and Omega. Our earthly lives and possessions are gifts from Him and we are simply His stewards. A life focused on God and eternal life requires us to be in communion with His Will and His plan. His mercy and forgiveness are also gifts, which can not be earned. To retain and magnify these gifts within us, they must be freely given to others. As our Father, we entrust God to guide us through life's trials, struggles and temptations, and to fortify and protect us from despair and evil. With God as the centre of our lives, we strive to be in full communion with Him in the hope that eternal life is granted to us.

Writing Inspired by, "Unpacking the Lord's Prayer", by John Shea

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MASS INTENTIONS

MONDAY, 6 MARCH

9:00 AM S.I. HEALING FOR IMELDA VERA-CRUZ

S.I. COLIN NEWALLO

+ ALISON PAUL

TUESDAY, 7 MARCH Sts Perpetua & Felicity

9:00 AM S.I. IN THANKSGIVING

+ ROSENDO ESPIRITU

WEDNESDAY, 8 MARCH St John of God

9:00 AM S.I. HAZEL D'ROSARIO

S.I. IN THANKSGIVING

+ ROSELIE PALOMAR

THURSDAY, 9 MARCH St Frances of Rome

9:00 AM S.I. IN THANKSGIVING

S.I. MARY-ANNE

FRIDAY, 10 MARCH

6:30 PM S.I. CAMILLE JACQUES-CARR

SATURDAY, 11 MARCH

9:00 AM AVAILABLE

5:00 PM S.I. ELIZABETH JOSEPH

SUNDAY. 12 MARCH

8:30 AM FOR THE PEOPLE OF OUR PARISH

10:15 AM + ANDRES & MACARIA OCULAM

+ GIOVANNI PAPPALARDO

12:00 PM + JESUS B. MISAJAN

+ OSCAR GANZON

+ SULPICO CACHO & ESTRELLA FRANCIA

7:00 PM + INNOCENCIO & JOSEPHINE PACHECO



LENTEN SCHEDULE

Fridays during Lent: 5:30 p.m. to 6:30 p.m. Adoration

6:30 p.m. to 7:00 p.m. Mass

7:00 p.m. to 7:30 p.m. Stations of the Cross



While awaiting death, someone asked how Perpetua would endure the suffering of martyrdom. She replied, "Now it is I who suffer what I am suffering, then, there will be another in me who will suffer for me, because I will be suffering for Him.". Today these women are mentioned in the first Eucharistic Prayer.

S1 ShareLife

Our Share Life contribution total for 2022 was \$71,679.39, which was 103% of our goal of \$69,000. Our suggested ShareLife goal for 2023 is \$77,700. We thank-you for your generosity.

2022 TAX RECEIPTS

Attention Parishioners! Tax receipts from the Archdiocese are anticipated to be mailed out by the end of this week or early next week. These will be followed by Share Life receipts and conclude with Family of Faith receipts.





The Catholic Women's League cordially invites all seniors to their monthly Senior's Luncheon. Join us following a celebration of Mass at 11:30 a.m. on March 15, 2023 at St. Francis de Sales for a meal and some activities. Contact Elizabeth P. Joseph at 905-427-6244 for further information.



Calling all women of the parish. Please come and join your sisters of the CWL at our General meeting 8 March beginning with Mass at 7 PM, followed by a meeting.

40 CANS FOR LENT



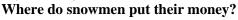
During Lent, Catholics are asked to alleviate another's misfortune and through the 40 Cans for Lent Program, your council can bring the joy of the Resurrection to those in need.

HOW DOES IT WORK?

Collect one can of food per day during the 40 days of Lent, which begins on **Ash Wednesday**, **Feb 14**th and then one extra can per person on Easter Sunday. Drop off your cans any time throughout the Lenten season in the designated boxes in the church foyer and they will be distributed to those in need.

A CATHOLIC CACKLE

Need a little laughter to brighten your day? Try out this joke.



- In a snowbank!



Visit our NEW website:

www.stfrancisdesales.archtoronto.org

REFLECTION

We continue this weekend looking at the sixth Beatitude as given by Dr. Peter Kreeft.

"Blessed are the clean of heart, for they shall see God." Jesus is referencing Psalm 24 and 42, "whose heart is clean" shall have the joy of "beholding His face." In the Old Testament this meant being with God in the temple. Christ is telling his followers and us we will see God face to face in His kingdom.

Being "clean of heart" means those who carefully preserve their innocence received in Baptism. They keep their hearts and consciences free not only from all sinful words and deeds, but also from all sinful thoughts and desires, and in all their omissions and commissions think and desire only good. If someone has lost this cleanness of heart, one must go to the Sacrament of Confession to purify and clean one's heart and soul, then work to clean the mind as well.

During the Stations of the Cross we meditate on our souls, made clean by Baptism, but then disfigured by sin. Thank God, through the merits of Jesus, we can be made clean and as the Psalm says, "Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow." We know that we can achieve a clean heart through Christ's suffering and death, which wash away our sins. "My beloved Jesus, Your face was beautiful before you began this journey; but, now, it no longer appears beautiful, and is disfigured with wounds and blood. Alas, my soul also was once beautiful when it received your grace in Baptism; but I have since disfigured it with my sins. You alone, my Redeemer, can restore it to its former beauty. Do this by the merits of your passion; and then do with me as you will."

For if one does keep their heart clean, they will see God in all His works here in this world, because their thoughts are directed always to the Highest Good, and in the other world they will see Him face to face, enjoying in his splendor which is reserved for pure souls only.

Lust dissipates and divides the soul, desiring every attractive body; this is the opposite of purity of heart, which centers and unifies the soul desiring the one God alone. The lustful heart forgets the goal of seeking the face of God, which satisfies eternally and instead seeks whatever will temporality satisfy. Lust cannot wait to get while love can always wait to give.

https://linktoliturgy.com/the-beatitudes-part-2



FIRST HOLY COMMUNION

Congratulations to all the children who received the beautiful sacrament of First Reconciliation!

In April, we will begin to prepare the children for the sacrament of First Communion and will resume class visits to our 6 Parish schools. Please refer to the RCIC preparation schedule if your child attends a Public School, Other Catholic School or is in grade 3-6.

Please see below for the attire for First Communion:

-Boys must wear a white shirt, no running shoes. A suit can be white or any other colour. Arm bands can be worn but are not essential.

-Girls can wear a white or off-white dress, if wearing a veil, they must not cover the face, no gloves, purses or rosary during the celebration.

-We have a First Communion dress available and a new white dress shirt if anyone is interested. Please let Mrs. Selda know if you are interested. Below are the dates set for the 2023 First Communions.

Public/Private/Other Catholic

• Saturday May 13th at 10:00am

St. Andre Bessette

• Saturday May 13th at 10:00am

Virtual School

• Saturday May 13th at 10:00am

St. Patrick

• Saturday May 13th at 1:00pm

St. Francis de Sales

• Saturday May 27th at 10:00am

St. Josephine Bakhita

• Saturday May 27th at 10:00am

St. Jude

• Saturday May 27th at 1:00pm

St. Catherine of Siena

• Saturday May 27th at 1:00pm

CONFIRMATION

There is no class for the next 2 weeks due to March Break. Classes will resume March 26/27. Attending Mass on both weekends during March Break is still expected. Please ensure father has left the church before going to the passport table, NOT while he leaves the Altar. All classes will be in person at the church. Candidates, please ensure all homework is completed prior to your return to the class. Should you have any absences, or if you have any questions, please email Noah Aquino.

God Bless.



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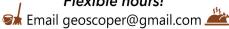
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