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**Our mission at St. Francis de Sales** is to joyfully welcome you to our parish family of faith, trusting that: if you are seeking Christ, you will find Him here. If grieving, you will receive comfort. If troubled in spirit, you will receive the blessing of peace without being judged. If discouraged, you will rejoice in hope. If alone, you will find companionship and Christian love. May our parish be a sanctuary of peace for you as we journey together to the Father's house.

### Parish Hours

#### DAILY MASS

MONDAY - THURSDAY 9:00 am  
 FRIDAY 7:00 pm  
 SATURDAY 9:00 am

#### SUNDAY MASS

SATURDAY 5:00 pm  
 SUNDAY 8:30 am | 10:15 am | 12:00 pm | 7:00 pm

#### SACRAMENT OF RECONCILIATION

FRIDAY 6:00 pm - 6:45 pm  
 SATURDAY 4:00 pm - 4:45 pm

#### OFFICE HOURS

MONDAY - FRIDAY 9:30 am - 3:30 pm  
 SATURDAY 9:30 am - 12:30 pm

### Parish Contacts

PASTOR	<b>FR. JOSEPH SINGH</b> sfdspastor@gmail.com	☎ ext 105
ASSOCIATE PASTOR	<b>FR. STEVEN KWON</b> associatesfds40@gmail.com	☎ ext 104
DEACON	<b>DEACON ALBAN SOARES</b> alban.soares@gmail.com	☎ ext 108
PARISH OFFICE ADMINISTRATOR	VANESSA LOWING stfrancisdesales@archtoronto.org	☎ ext 103
CONFIRMATION, & YOUTH MINISTRY	NOAH AQUINO naquino@archtoronto.org	☎ ext 100
FIRST COMMUNION, RECONCILIATION	DAWN SELDA dawn.selda@archtoronto.org	☎ ext 102



*Ash Wednesday*

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# ASH WEDNESDAY



We begin Our Journey into  
**Prayer Fasting Charity**

## **HOMILY excerpts OF HIS HOLINESS POPE FRANCIS**

....Lent is the time granted us by the Lord to be renewed, to nurture our interior life and to journey towards Easter, towards the things that do not pass away, towards the reward we are to receive from the Father. Lent is also a journey of healing....Prayer, charity and fasting are aids to this. Purified by the Lenten ashes, purified of the hypocrisy of appearances, they become even more powerful and restore us to a living relationship with God, our brothers and sisters, and ourselves...

....If prayer is real, it necessarily bears fruit in charity. And charity sets us free from the worst form of enslavement, which is slavery to self. Lenten charity, purified by these ashes, brings us back to what is essential, to the deep joy to be found in giving. Almsgiving, practised far from the spotlights, fills the heart with peace and hope....

.... Fasting makes us appreciate things for their true worth. It reminds us in a concrete way that life must not be made dependent upon the fleeting landscape of the present world.... Especially in Lent, we should fast from anything that can create in us any kind of addiction. This is something each of us should reflect on, so as to fast in a way that will have an effect on our actual lives.

.... Prayer, charity and fasting are not medicines meant only for ourselves but for everyone: they can change history. First, because those who experience their effects almost unconsciously pass them on to others; but above all, because prayer, charity and fasting are the principal ways for God to intervene in our lives and in the world. They are weapons of the spirit....

Source: [https://www.vatican.va/content/francesco/en/homilies/2022/documents/20220302\\_omelia-ceneri.html](https://www.vatican.va/content/francesco/en/homilies/2022/documents/20220302_omelia-ceneri.html)

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SEVENTH SUNDAY IN ORDINARY TIME

**MASS INTENTIONS**

**MONDAY, 20 FEBRUARY**

9:00 AM S.I. MARTIN CALLISTE  
+ MARGARET & ANDREW FERNADES  
+ LAGRIMAS MANGUSSAD

**TUESDAY, 21 FEBRUARY** *St Peter Damian*

9:00 AM S.I. FR MICHAEL ROSINKI & TOM MANGAN  
+ WILLIAM GRAFF SR.  
+ JOSEPH LUONG

**WEDNESDAY, 22 FEBRUARY**

9:00 AM + ALLAN ESPIRITU  
+ LAGRIMAS MANGUSSAD  
+ BERNARD ROSARIO

7:00 PM AVAILABLE

**THURSDAY, 23 FEBRUARY**

9:00 AM S.I. SARAH BRAITHWAITE  
+ EDWIN ANTONYPILLAI  
+ COLLEEN SHARPE

**FRIDAY, 24 FEBRUARY**

7:00 PM + PRISCILLA PEREIRA  
+ EDWINA MALONEY  
+ LIKIM & RANDOLPH THACKORIE

**SATURDAY, 25 FEBRUARY**

9:00 AM **NO MORNING MASS**  
5:00 PM + VICTOR KWAN  
+ CARIDAD DAMASO  
+ ROY TAYLOR

**SUNDAY, 26 FEBRUARY**

8:30 AM S.I. REV. FR. MELITO DIAS  
+ VERNON FERNANDES  
10:15 AM FOR THE PEOPLE OF OUR PARISH  
12:00 PM S.I. SARAH BRAITHWAITE  
+ MARIA LE THI THOA  
+ BENJAMIN ROBLES  
7:00 PM S.I. IN THANKSGIVING FOR PRAYERS  
RECEIVED  
+ RITA & GUILLERMO PIMENTEL  
+ GRACE LAWRENCE



Please note, there will be no 9am Mass on Saturday 25 February due to the celebration of First Reconciliation for our sacramental children.



**LENTEN SCHEDULE**

Ash Wednesday 9 a.m. and 7 p.m. Masses  
Fridays during Lent: 5:30 p.m. to 6:30 p.m. Adoration  
6:30 p.m. to 7:00 p.m. Mass  
7:00 p.m. to 7:30 p.m. Stations of the Cross

**ASH WEDNESDAY**



*Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of the year.*

Fasting means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the full meal. Abstinence forbids the consumption of meat, but not of eggs or milk products. **Ash Wednesday is not a day of Mass obligation.**



**2023 Lift Jesus Higher Rally**  
March 4, 2023

**Toronto Metro Convention Centre**

Lift Jesus Higher Rally (LJHR) is an annual event for Youth and Adults that focuses on evangelizing through uplifting music, testimonials, reflections, Divine Mercy celebration and Eucharistic Adoration. This year's conference theme is "Empowered to Stand".

**2022 TAX RECEIPTS**

Attention Parishioners! You will receive your 2022 Tax Receipts by mail on or before February 6, 2023. If you do not receive your receipt by this date, please contact the parish office.



**EDGE CATHOLIC ADVENTURE CAMP**

A 5-day Catholic Adventure Camp with sports & activities, catechesis, Mass, praise & worship and fellowship! A fun & exciting Christ-centred experience!

**Who:** Students in gr. 5-8 who attend EDGE

**When:** August 23 – 27

**Where:** Camp White Pine, Haliburton

**Cost:** \$475 (early bird before April 30)/\$525 until May 31  
All-inclusive (food, transportation, accommodations, camp t-shirt, water bottle)

Space is limited to a first come first register basis

**There is an EDGE Camp Parent Information Night on Friday 24 February at 7:30 PM**

**For questions & to register contact:** Noah Aquino  
[youth.sfds@gmail.com](mailto:youth.sfds@gmail.com) or 905-683-1403 x 100

**Visit our NEW website:**

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**Pope Francis Appoints Bishop Frank Leo as Archbishop of Toronto**

*Auxiliary Bishop of Montreal named 14th Archbishop of Toronto, resignation of Cardinal Thomas Collins accepted by Holy Father*

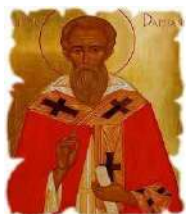
**TORONTO (February 11, 2023)** – Pope Francis has appointed Bishop Francis (Frank) Leo, currently Auxiliary Bishop of the Archdiocese of Montreal, as the 14th Archbishop of Toronto. The archbishop-designate succeeds Cardinal Thomas Collins, who has served the archdiocese since 2007. The new archbishop will be installed at a ceremony at St. Michael’s Cathedral Basilica on a date to be confirmed in the coming days. Following his installation, he will begin his assignment as shepherd of Canada’s largest Catholic diocese, comprising almost two million Catholics and 225 parishes.

Archbishop-designate Leo commented on the announcement: “It is with great humility that I accept this appointment from the Holy Father to serve the faithful of the Archdiocese of Toronto. I thank Pope Francis for the confidence he has placed in me. This was a most unexpected appointment, yet I have learned throughout my priesthood and service to the Church that God’s special plans for us unfold in unexpected moments that lead to tremendous blessings. I thank Cardinal Collins for his ongoing support and years of faithful and inspiring service to the Church. I invite the faithful of the archdiocese, a truly diverse and beautiful family, to please pray for me as I prepare to join them and journey together in celebrating and sharing the joy and beauty of our faith. Be assured of my prayers for all of you.”

Cardinal Thomas Collins offered his support for the new archbishop-designate:

“I offer my prayers, best wishes and full support for Archbishop-designate Leo as he prepares to serve the people of the Archdiocese of Toronto. His knowledge of the Church, both in Canada and around the world, as well as his unfailing service over many years, demonstrates his commitment to serve joyfully and faithfully. I invite the Catholic community in the archdiocese to join me in giving thanks to God as we pray for our new shepherd.”

Following the announcement of Bishop Frank Leo as the next Archbishop of Toronto, the installation will take place on the Solemnity of the Annunciation, Saturday, March 25, 2023. The installation will be held at St. Michael’s Cathedral Basilica at 10:00 a.m. By invitation only.



“He pours light into our minds, arouses our desire and gives us strength... As the soul is the life of the body, so the Holy Spirit is the life of our souls.”

- St. Peter Damian



**FIRST HOLY COMMUNION**

The First Reconciliation preparation class visits continue in all of our 6 Parish schools with Fr Steven visiting each of our grade 2 classes for class 5 of 5. **We are excited for the children to receive their sacrament of First Reconciliation on February 25<sup>th</sup> at the Parish!** Please see below for the times set for each of our school group. We kindly ask you to remember to bring your child’s passport for review on their First Reconciliation Day. Wishing all of you a beautiful family day weekend together.

God Bless.

**St. Francis de Sales Parish  
2022-2023**

**First Reconciliation Schedule**

Saturday, February 25 <sup>th</sup> at 10:00am	Saturday, February 25 <sup>th</sup> at 1:00pm
St Jude	St Catherine of Siena
Durham Catholic Virtual Schools	Public/Private and Other Catholic Schools
St Patrick	St Josephine Bakhita
St Francis de Sales	St André Bessette

**CONFIRMATION**

There will be **No** Confirmation classes Sunday, February 19 and Monday, February 20 for Family Day long weekend. Classes will resume on Sunday, Feb 26 from 4pm – 6pm or Monday, Feb 27 from 7pm – 9pm, depending on which day your child has been assigned. **Just a friendly reminder, your Letter of Intent is due on February 26 or 27.** All classes will be in person at the church. Candidates, please ensure all homework is completed prior to your return to the class. Thank you for continuing to wait for Father to leave before going to get your passports stamped. Should you have any absences, or if you have any questions, please email Noah Aquino.

God Bless.



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