



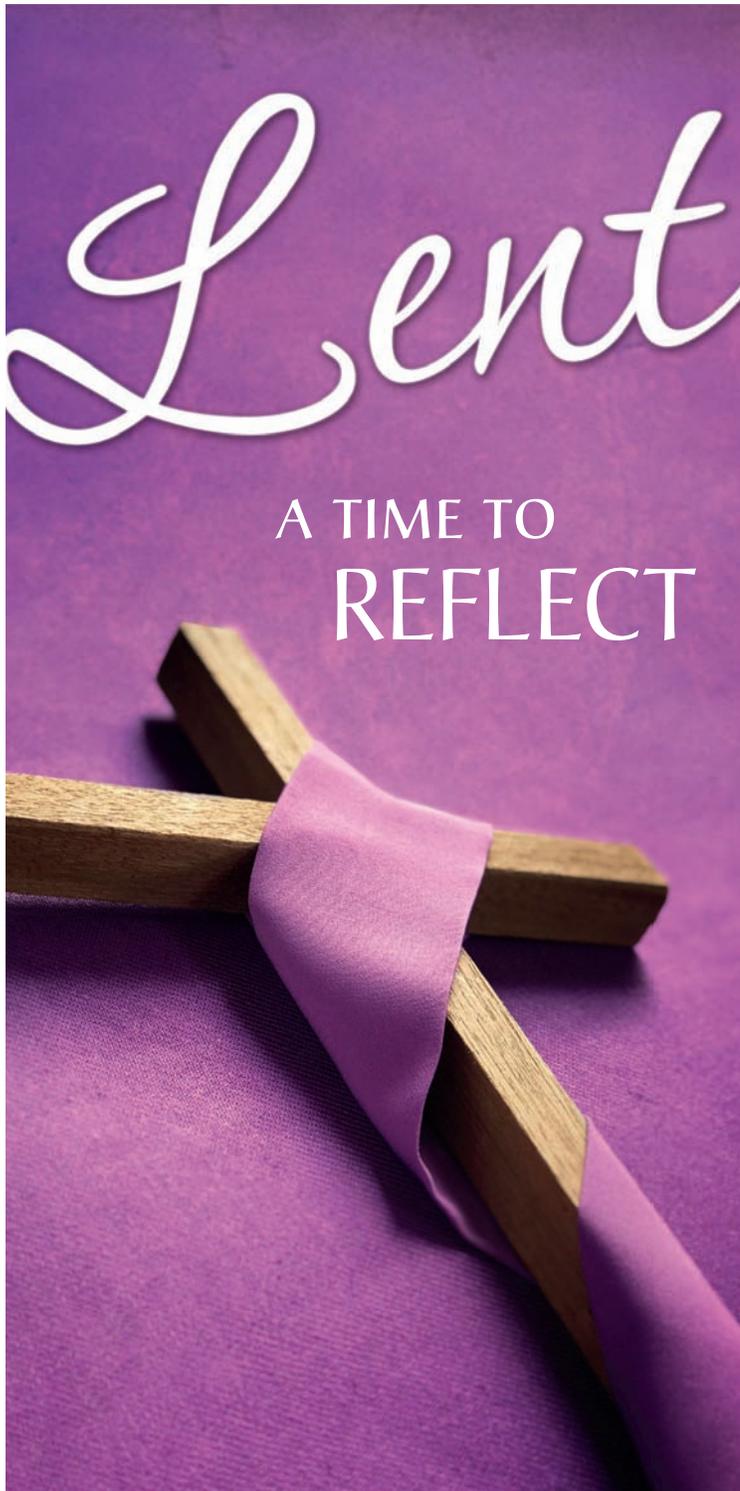
# ST. FRANCIS DE SALES

## ROMAN CATHOLIC CHURCH

1001 Ravenscroft Road  
 Ajax, Ontario L1T 4X1  
 ☎ (905) 683-1403  
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### The Fifth Sunday of Lent

March 22nd, 2026



**Our mission :** We joyfully welcome you to our parish family of faith. May our parish be a sanctuary of peace for you as we journey together to the Father's house.

### Parish Hours

#### DAILY MASS

MONDAY - THURSDAY 9:00 am  
 FRIDAY 7:00 pm  
 SATURDAY 9:00 am

#### SUNDAY MASS

SATURDAY 5:00 pm  
 SUNDAY 8:30 am | 10:15 am | 12:00 pm | 7:00 pm

#### HOLY HOUR

FRIDAY 6:00 pm - 7:00pm

#### SACRAMENT OF RECONCILIATION

FRIDAY 6:00 pm - 6:45 pm  
 SATURDAY 4:00 pm - 4:45 pm  
 or by appointment

#### OFFICE HOURS

MONDAY - FRIDAY 9:30 am - 4:00 pm (church open until 5pm)  
 SATURDAY 9:30 am - 12:30 pm | 3:00 pm - 6:00 pm  
 SUNDAY 8:30 am - 1:30 pm

### Parish Contacts

PASTOR	<b>FR. JOSEPH SINGH</b> sfdspastor@gmail.com	☎ ext 105
ASSOCIATE PASTOR	<b>FR. DEREK ALI</b> fr.derek.ali@gmail.com	☎ ext 104
DEACON	<b>DEACON ALBAN SOARES</b> alban.soares@gmail.com	☎ ext 108
PARISH OFFICE ADMINISTRATOR	VANESSA LOWING sfrancisdesales@archtoronto.org	☎ ext 103
CONFIRMATION, & YOUTH MINISTRY	NOAH AQUINO naquino@archtoronto.org	☎ ext 100
FIRST COMMUNION, RECONCILIATION	DAWN SELDA dawn.selda@archtoronto.org	☎ ext 102

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St. Francis de Sales Parish

[www.stfrancisdesales.archtoronto.org](http://www.stfrancisdesales.archtoronto.org)

## FIFTH SUNDAY OF LENT

### MASS INTENTIONS

**MONDAY, 23 MARCH**

9:00 AM + PHILIP MALOLOS

**TUESDAY, 24 MARCH**

9:00 AM + PHILIP MALOLOS

**WEDNESDAY, 25 MARCH**

9:00 AM + ANTHONY D'SOUZA & JOE FERNANDES  
+ CHRISTINE LOBO  
+ CATHARINA & PETER FERNANDES

**THURSDAY, 26 MARCH**

9:00 AM S.I. CATHERINE UZOMA IN THANKSGIVING  
FOR HER LIFE AND BIRTHDAY

**FRIDAY, 27 MARCH**

6:30 PM S.I. SHAWN HENRICKS  
+ EMILIO LATOZA PASCUAL  
+ JOHN D'SOUZA  
+ KATHLEEN FELSINGER  
+ JOSE DAGUMAN

**SATURDAY, 28 MARCH**

9:00 AM + ANNAMARIE MAZIARZ  
5:00 PM + LLOYD KANDASAMMY

**SUNDAY, 29 MARCH**

8:30 AM + RAMON DOMINGUEZ  
10:15 AM + SFDS CATHOLIC WOMEN'S LEAGUE  
12:00 PM FOR THE PEOPLE OF OUR PARISH  
7:00 PM + TIM ROMUALDO

*Let us pray! For the sick members of our parish  
and for those who love and minister to them.*



### LENTEN CONFESION NIGHT

On **Wednesday March 25th**, St Francis de Sales will have its annual Lenten Confession Evening from **7-10 PM**. There will be many priests available for confessions. Please take advantage of this opportunity as it will be your last chance before the celebration of Holy Week.



### HOLY WEEK SCHEDULE

**Holy Thursday – April 2 - NO 9 AM Mass**  
Mass of the Lord's Supper at **7:30pm**.  
Adoration until **10:30pm**

**Good Friday – April 3 - NO 9 AM Mass**  
**11 AM, 1 PM, and 3 PM Service.**  
Gospel will be sung at the 3pm service.  
**Stations of the Cross at 7 PM**

**Holy Saturday – April 4 - NO 9 AM or 5 PM Masses**  
Easter Vigil at **8:30 PM (no confession)**

**Easter Sunday – April 5**  
Masses **8:30 AM, 10:15 AM, and 12 Noon - No 7 PM Mass**

### PARKING EASTER WEEKEND

Please be advised. As Holy Week approaches and our crowds get larger, we will not be permitted/allowed to park at CLC church. If you are able and live close by, could you please walk. We have been asked to inform you that parking is only for their congregation. They have security manning both entrances to the church. We thank-you understanding and co-operation.

### FIRST HOLY COMMUNION

We're looking forward to seeing the children soon, as we continue with the First Communion preparation classes beginning in April. The RCIC classes will also resume in April. We know that many families are beginning to look for your child's First Communion attire. Please see below for the guidelines:

Boys -in their Sunday best with white dress shirt and dark pants

-preferably in a suit but not necessary -First Communion arm bands are allowed

Girls -in a white or off-white dress -no gloves, no purses and no veil covering the face

For both boys and girls: no running shoes, no prayer books, and no rosary beads during the time of Mass

We look forward to seeing the children at Mass as they prepare to receive Jesus on their First Communion Day!

### CONFIRMATION

**There will be no Confirmation Prep Class on March 22/23 due to the March Break. We will resume on March 29/30. Lenten confession date is March 25<sup>th</sup>.** Even though you may be picking up your child "quickly" and leaving right away, **please DO NOT use the accessible parking** unless you have an accessibility permit and are parking for Mass or going to the parish office. We thank you for your cooperation. God Bless.

**THE PASSION OF JESUS**

Each year, we celebrate the Passion of Jesus twice: on Palm/Passion Sunday and on Good Friday. On Passion Sunday, St. Matthew's account is proclaimed in Year A; St. Mark's in Year B; and St. Luke in Year C. We are currently in Year A. On Good Friday, St. John's account is always proclaimed. Here are some of the differences in Jesus' Passion in the accounts of the four evangelists.

<b><u>Matthew</u></b>	<b><u>Mark</u></b>	<b><u>Luke</u></b>	<b><u>John</u></b>
Last Supper	Last Supper	Last Supper	Last Supper
Mount of Olives	Mount of Olives	Mount of Olives	Olive grove
Gethsemane Jesus prayed	Gethsemane Jesus prayed	Jesus prayed	
Disciples fell asleep	Disciples fell asleep	Disciples fell asleep	
Jesus prayed Disciples fell asleep	Jesus prayed Disciples fell asleep		
Disciples fell asleep	Disciples fell asleep	Disciples fell asleep	
Jesus prayed Disciples fell asleep	Jesus prayed Disciples fell asleep		
Jesus arrested	Jesus arrested	Jesus arrested	Jesus arrested Taken to Annas Peter's 1 <sup>st</sup> denial Questioned by Annas
Taken to Caiaphas	Taken to High Priest	Taken to High Priest Peter denies 3 times Cock crows	Taken to Caiaphas Peter denies 2 more times Cock crows
Trial before Sanhedrin	Trial before Sanhedrin	Trial before Sanhedrin	
Peter denies 3 times	Peter denies 3 times		
Cock crows	Cock crows		
Jesus passed to guards	Jesus passed to guards		
Sanhedrin meet	Sanhedrin meet		
Trial before Pilate	Trial before Pilate	Trial before Pilate Trial before Herod Trial before Pilate	Trail before Pilate
Barabbas released	Barabbas released	Barabbas released	Barabbas released
Jesus flogged	Jesus flogged	Jesus flogged	Jesus flogged
Soldiers mock Jesus	Soldiers mock Jesus		Soldiers mock Jesus Condemned by Pilate
Simon carries cross Crucifixion	Simon carries cross Crucifixion	Simon carries cross Crucifixion	Crucifixion



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Dr. Claire de Guzman-Dayot

## EXAMINATION OF CONSCIENCE

### **1. I am the Lord your God. You shall not have strange gods before me.**

Do I give God time every day in prayer?

Have I placed my trust in occult or superstitious practices such as the reading of horoscopes or tarot cards, Ouija boards, or seeking the advice of psychics, fortune-tellers or palm readers?

Do I accept God's word as taught by the Church?

Have I received Holy Communion in a state of mortal sin?

Have I deliberately told a lie in Confession, or have I withheld a mortal sin from the priest in Confession?

Are there other "gods" in my life - Money? Power? Material wealth and security? Other human beings? Relationships? My own self-image?

Has my work ever interfered in my relationship with God?

### **2. You shall not take the name of the Lord your God in vain.**

Have I used God's name lightly or carelessly?

Have I resorted to cursing or swearing?

Have I perjured myself under oath?

Have I been angry with God?

Have I wished evil upon another person?

Have I insulted a sacred person or abused a sacred object or participated in jokes aimed at demeaning religion, the Church, or God's authority?

Have I followed Church rituals while not actually living out my faith in practice?

### **3. Remember to keep holy the Lord's Day,**

Have I deliberately been absent from Mass on Sundays or on other Holy Days of Obligation (December 25<sup>th</sup> and January 1<sup>st</sup>)?

Have I tried to observe Sunday as a day of worship and prayer, as well as a day for family and a day of rest?

Do I engage in needless work on Sunday, having wasted other opportunities to work outside of Sunday?

Have I done unnecessary shopping on Sunday?

Do I ever say, "I am too busy" to go to church?

### **4. Honour your father and mother.**

As a young person in the family home, do I listen to, respect and obey my parents?

As a parent, do I give my children good religious example?

As an adult, do I visit and care for my aged and infirm relatives?

Do I harbour resentment towards family members?

Do I try to bring peace into my home-life?

### **5. You shall not kill.**

Have I physically struck someone, intending to injure that person?

Have I destroyed the spirit of another person by my words or actions?

Have I been angry at someone to the point of harbouring hatred in my heart?

Have I had an abortion or encouraged or helped someone else to have an abortion?

Have I participated in the process of artificial insemination, *in vitro* fertilization, etc. or promoted such practices to others, even though the Catholic Church prohibits them?

Have I been sterilized (vasectomy or tubal ligation) or encouraged someone else to be sterilized?

Have I abused alcohol or drugs? Have I driven a car or operated equipment while under the influence of alcohol or drugs, thereby placing my life or the lives of others at risk?

Have I given scandal to anyone because of my own inappropriate behaviour?

Have my words or actions led others into sin?

Have I participated in or approved of euthanasia?

Have I entertained thoughts of suicide?

**6. You shall not commit adultery.**

Have I engaged in any sexual activity, by myself or with another, outside of marriage? Have I used artificial contraception or "birth control"?

Have I thought of other people as mere objects of sexual pleasure? Have I participated in homosexual activity?

Have I been impure in my thoughts, words, or actions [e.g. with my boyfriend/ girlfriend or fiancé(e)]? Have I been immodest in the way I have dressed?

Have I ever watched, purchased or sold pornography (books, movies, internet)?

Have I participated in lewd or obscene jokes or stories?

**7. You shall not steal.**

Have I taken something that does not belong to me without asking and/or without the intention of returning it?

Have I made restitution for what has been stolen? Do I waste time at work, school, or at home?

Do I gamble excessively? Do I pay my debts promptly?

Do I seek to share what I have with the poor?

Do I withhold financial support from the Church?

Have I cheated anyone out of what justly belongs to them, (e.g., the government (income tax), creditors, insurance companies)?

Have I been irresponsible, wasteful or needlessly extravagant in my manner of living?

**8. You shall not bear false witness against your neighbour.**

Have I told lies?

Have I engaged in gossip, or have I defamed the reputation of another person?

Have I spoken ill of others behind their back without any desire to help them overcome their failings?

Am I critical, negative, or uncharitable in my thoughts of others?

Do I respect the confidences of others? Do I always keep promises I have made?

**9. You shall not covet your neighbour's wife (spouse).**

Have I sought the affections of someone other than my spouse?

Have I contemplated infidelity, flirted, or actually been unfaithful (physically or emotionally) to my spouse?

Have I indulged in reading, movies, television, internet sites, or conversations which are impure?

Have I upheld and defended the dignity of my spouse in all circumstances?

Have I rejected my spouse or family in my heart, wishing to distance myself emotionally and personally from them?

**10. You shall not covet your neighbour's goods.**

Do I envy the relationships, status or personal qualities of others?

Do I envy the material possessions, success or financial security of others?

Have I been greedy or selfish?

Am I ungrateful for my own personal and spiritual gifts, relationships, and material possessions? Do I exercise responsible stewardship over what God has given me?

**ACT OF CONTRITION: O my God, I am heartily sorry for having offended You, Who are all good and worthy of all my love. I firmly resolve, with the help of Your grace, to confess my sins, to do penance, to avoid near occasions of sin, and to sincerely try not to sin any more.**